

**ABSTRACT OF THE INVENTION**

The present invention provides topical compositions and methods to prevent and/or ameliorate the effects of aging on 5 skin and/or hair. The present invention also provides topical compositions and methods to improve the aesthetic appearance of skin, scalp and/or hair. The invention utilizes the topical application of crape myrtle extract to skin, hair and/or scalp.

100 200 300 400 500 600 700 800 900 1000